

**PURE MARRIAGE: Pure Communication**  
**Sermon # 5, Ephesians 4:25-5:2; James 1:19-20**

**Main Point:** *Christ like communication will strengthen your marriage.*

**Getting to Know You**

1. Tell a story illustrating how you and your spouse approach communication differently.
2. Pastor Blair mentioned three barriers to communication: 1. Our sinful nature and responses, 2. Our gender differences, and 3. Busyness. How have you seen any or all of these be a barrier in your marriage? What are you going to do to remove these barriers?

**Getting Into the Book:**

**Read Ephesians 4:25-27**

3. Why is honesty such an important part of pure communication? See Ephesian 4:25.
4. What direction does Ephesians 4:26 give us in order to boost our communication? Are you guilty of “letting the sun go down on your anger”? Why?
5. How does Satan use conflict in marriage as an opportunity for himself? See Ephesians 4:27

**Read James 1:19-20**

6. Apply these verses to your own marriage. What can you practically do to live out the three actions in these verses?
7. When these commands are not followed how does your communication break down?

**Read Ephesians 4:29-5:2**

8. What kind of words are we told to avoid? (see 4:29, 31) Why should we speak words that build up our spouse rather than tear them down?
9. What aspects of Christ’s love apply to the area of marital communication? See 5:2.
10. How can you practically apply 4:32 to your communication? Is there something about which you need to ask forgiveness from your spouse? If so, go and speak with them.

**Prayer**

Pray that the Holy Spirit would work in you so that Ephesians 4:32 and James 1:19 would be true in your life.