

**Focusing on Jesus in a Blurry World:**  
**Focusing on Jesus' Sufficiency – Part 2**  
**Sermon #8, Colossians 2:16-23**

**Main Point: Religion is deficient to save, but Jesus is sufficient to save.**

**Getting to Know You**

1. How “religious” of a person were you while you were growing up? (Did you believe there was a God? Did you attend worship services or participate in “religious” activities? )

**Getting into the Book:**

**Read Colossians 2:16-17**

2. In verse 16, what is the “therefore” there for? (To what previously stated idea is it referring?)
3. What are some practical examples of how people observe religious rituals involving food, drink, festivals, and/or Sabbath days in our culture? Are these helpful, hurtful, or neutral?
4. How should you respond to people who question the sincerity of your faith because you don't observe these rituals?

**Read Colossians 2:18-19**

5. Name some examples of how people trust in false humility, worship of angels, and visions in our day.
6. As followers of Christ, why are these to be rejected? (See v. 19)

**Read Colossians 2:20-23**

7. What are some examples of “Do not handle! Do not taste! Do not touch!” in our church or Christian culture (i.e. stated or unstated expectations of “true Christians.” Possible answers: alcohol, movies, tattoos, etc.)

**Getting Out There**

8. In what ways are you tempted to rely on religion rather than resting in the sufficiency of Jesus Christ?
9. Where would you put yourself on this scale of 1-10: “1 = where sin abounds, grace abounds, 10 = religious rule keeping makes me holy”)? Is where you are where God wants you to be? Why or why not?
10. How confident are you in your salvation in Christ? Explain your answer. (Leader: be quick to point people back to verses such as 1:20-23 and 2:10-14)

**Prayer**

Praise Jesus for the confidence you can have in Him. Thank Him for His all sufficient character and sacrifice. Ask Him to help you live out this beautiful grace filled relationship He offers you.

**Bonus Exercise**

Work on memorizing Colossians 2:8 together.

“See to it that no one takes you captive through philosophy and empty deception, according to the tradition of men, according to the elementary principles of the world, rather than according to Christ.”